

TRAUMA RECOVERY CENTER

a program of Rising Ground



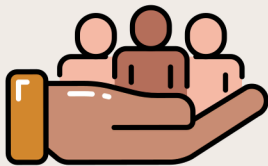
EMPOWERING HEALING EMBRACING HOPE

The TRC provides support for survivors of violence, loss, and trauma. Our services encompass mental health treatment, case management, and connection to medical and legal resources, offering assistance during the immediate aftermath of challenging experiences.



INDIVIDUAL THERAPY

- Trauma-Informed & Compassionate Individual Therapy Sessions
- Evidence-Based clinical therapy sessions for all ages offered in Haitian-Creole, English, and Spanish
- Therapeutic assessment
- Safety-Planning



CLINICAL CASE MANAGEMENT ADVOCACY

Advocacy and outreach tailored to each person's unique needs. Clinical Case Management includes:

- Referral Services
- Advocacy
- Economic Empowerment
- Client Emergency Funding
- Outreach & Engagement
- Financial Planning
- Child-Care Planning



HOLISTIC HEALING

Holistic Healing for teens and adults who identify as survivors of violence, including:

- Reiki
- Meditation
- Sound healing
- Self-care support
- Art & Music



REFERRAL FORM

- All services are FREE of charge
- All survivors of violence and crime are welcomed regardless of citizenship status, race, gender identity, religion/spirituality, ethnicity, ability, insurance status.

ALL ARE WELCOME

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